


Please, cut out, add your information, fold lengthwise along heavy line. Then place in a plastic tag container or baggie and put in an easily accessible place in your pack.
 Reason: should you suffer an accident, your leader, fellow hikers, or medical personnel will have access to this information.

<div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;"> <p>Information in case of Emergency</p> </div>  </div>	<div style="text-align: right; margin-bottom: 5px;">_____ Care Card #</div> <hr style="border: 0; border-top: 1px solid black; margin: 5px 0;"/> <div style="text-align: right; margin-bottom: 5px;">_____ Address</div> <hr style="border: 0; border-top: 1px solid black; margin: 5px 0;"/> <div style="text-align: right;">_____ Name</div>	
Emergency Contact	Name Relationship	Phone Cell
Doctor	Name	Phone
Medication	No <input type="checkbox"/> Yes <input type="checkbox"/> For names & dosages, unfold & see inside	
Allergies	No <input type="checkbox"/> Yes <input type="checkbox"/> 1. 2.	
Other	Pacemaker <input type="checkbox"/> Glasses <input type="checkbox"/> Contacts <input type="checkbox"/> Hearing Aid <input type="checkbox"/> Other	